Predeparture Guide

GET READY FOR THE ADVENTURE OF A LIFETIME
There is a big world out there and this is your chance to start exploring it.

Final checklist

- **Travel documents:** Print copies to leave at home and have airline/agent contact details in case changes need to be made.
- **Health:** consult with your local doctor about any medical concerns and arrange prescriptions before you leave.
- **Visa:** Ensure that you hold any relevant visas required, for all countries you may visit during your time abroad.
- **Passport:** Ensure that your passport does NOT expire within 6 months of your return to Australia.
- **Insurance:** Register for Flinders travel insurance and Chubb Assistance.
- **Centrelink:** If you are currently receiving Centrelink payments, find out if you are eligible to receive payments while you are overseas.
- **Contact Details:** Before you go, update your contact details in the student system.
- **Learn Without Borders Facebook Group:** Join the Learn Without Borders Facebook group so that you can connect and ask questions to exchange students.
- **Smart Traveller (DFAT):** If you are an Australian Citizen, register your travel with smarttraveller.gov.au.
- **Bank cards:** Notify your bank of your intended travel, find out about fees associated with using your bank cards abroad and carry bank contact numbers separately to your cards.
- **Phone:** If using your existing network abroad, you will need to activate global roaming on your phone. If using an international sim card, ensure your phone is unlocked.

Congratulations! The time has arrived for you to embark on an unforgettable overseas experience that will enrich your life in many ways.

This booklet will provide you with information and advice to help you prepare for your departure, transition to your new environment and, finally, to return home.

We hope you have the time of your life and encourage you to make the most of every opportunity. Don’t be afraid to try new things and meet new people – there is a big world out there and this is your chance to start exploring it.
Before you go

Check out your destination
Before you pack your bags, grab your passport and head for the door, we recommend that you do some research on your new host country. Knowing what to expect on a daily basis will ease your transition into your new environment. We suggest you read up on the following:

Culture

Climate

Cost of living

Time difference

Language

Transportation

Exchange rates, currency and shopping

Health and safety

Seasonal sports and cultural activities

Travel arrangements

Insurance

Flinders University offers travel insurance for Flinders students who have been approved to travel for and on behalf of the University.

You must register for insurance before you leave. You cannot do this overseas.

Your host university may require that you purchase their insurance policy (this is often the case in the United States and Canada). Check with your host university on their insurance requirements to ensure you comply with their policies.

If you are intending extended travel before or after your exchange period, you should seek advice from the Risk and Insurance office prior to departure (flinders.edu.au/legislation/insurance/travelinsurance). In some cases, you may be required to purchase additional travel insurance. Students who are undertaking any private travel to another continent at any time during their exchange will also need to purchase additional personal insurance.

Flinders International Students

International students must advise International Student Services (ISS) (iss@flinders.edu.au) of their plans to study overseas to ensure they remain enrolled for the duration.

Before you leave Adelaide ensure your Australian Student Visa is valid for re-entry to Australia. You should check this with Department of Home Affairs.

If you are an international student with a valid Overseas Student Health Cover (OSHC) policy and leave Australia for more than 30 days, you may be able to claim holiday credit for time spent outside of Australia. If you are successful in your application, the time spent outside of Australia will be credited to your membership.

To be eligible to apply for holiday credit you must:

• Have a valid policy which will not expire while you are overseas. If your policy expires while you are overseas, you must backdate payment to the date of expiry to be eligible to apply
• Claim for holiday credit within 30 days of your return to Australia
• Have your passport, boarding passes or airline ticket to be able to make a claim for holiday credit.


Tickets

Research your flight options and obtain quotes but don’t confirm or pay for your booking until you have received:

• Your host university acceptance; and
• Your visa.

Finalising your travel arrangements without a visa can be risky. If you cannot obtain a student visa, you cannot study in that country! You will still need to pay for the flights even if you can’t obtain a visa in time, which can be expensive.

When you are ready to book your flights, think about the following:

• A round-the-world ticket (if you plan on more travel) or a student fare, as they are generally cheaper
• Check with your travel agent to ensure your ticket includes departure taxes
• Arrange transportation to arrive at the airport with time to check in and relax. We recommend between 2-3 hours for international travel.

Check with your airline regarding the luggage weight limit for your destination – you don’t want to get charged for over-weight luggage!
Enrolling for exchange

Semester/year exchange students and short term study at a partner university

If you are heading overseas for a semester exchange program at an exchange partner university, you will not pay fees to your host institution. You will need to:

• Withdraw from any Flinders topics for the duration of your studies overseas
• Maintain your tuition payments via FEE Help (for domestic students) or international student fees (for international students)
• Re-enroll in topics upon completion of your overseas study
• Following receipt of your formal acceptance, Flinders International will:
  • Enrol each student into the relevant Exchange (XOTH) topic code based on information in your credit letter
  • Advise the Student Finance Office
  • Prepare and email a Flinders Confirmation Letter that can be used for Centrelink purposes.

Please note if you are deferring your payments to FEE HELP, you will be charged an amount equal to 18 units of credit and receive a Commonwealth Assessment Notice to confirm this. If you choose to pay your tuition fees up front, you will receive an invoice from Student Finance requesting payment for an amount equal to 18 units of credit.

Enrolling for independent study abroad

Semester/year independent student and independent short-term study

• If you are heading overseas for an independent semester/year program or an independent short term program that is not through a University exchange partner, you will need to:
  • Withdraw from any Flinders topics for the semester you will be abroad
  • Ensure you have a valid credit approval letter from your Course Co-ordinator and relevant College Administrative Officer
  • Maintain your tuition payments via FEE Help (for domestic students) or international student fees (for international students)
  • Re-enroll in topics upon completion of your overseas study
  • Following receipt of your formal acceptance and credit letter, Flinders International will prepare and email an Independent Study Abroad Confirmation Letter that can be used for Centrelink purposes.

Accommodation

Accommodation

On-campus Accommodation

Check with your host university about accommodation options. On-campus housing is often in high demand and there are no guarantees that you will be offered a place. If you have not heard about your housing application within two weeks before you leave for overseas, it is recommended that you contact the housing section at your host university directly or approach the Learn Without Borders (LWB) team for advice.

Off-campus Accommodation

Off-campus housing is a great option if there is no housing availability on-campus or if it suits your budget. We recommend you check if your host university’s Housing Office has an off-campus service or check the internet for rental options. Don’t rush into a rental agreement as your rights and responsibilities may be different to those in Australia – check this out before you sign.

Accommodation Pros and Cons

<table>
<thead>
<tr>
<th>On-campus Pros</th>
<th>On-campus Cons</th>
<th>Off-campus Pros</th>
<th>Off-campus Cons</th>
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<tbody>
<tr>
<td>Pros</td>
<td>Cons</td>
<td>Pros</td>
<td>Cons</td>
</tr>
<tr>
<td>Lease lasts for semester/academic year</td>
<td>Not as independent</td>
<td>Greater independence</td>
<td>Long lease agreements</td>
</tr>
<tr>
<td>Close to campus</td>
<td>Shared bathrooms and cooking facilities</td>
<td>Can be a good option for mature age students</td>
<td>Large bond down payments</td>
</tr>
<tr>
<td>Room will be ready on arrival</td>
<td>Not as much control over your surroundings</td>
<td>Experience being part of a local neighbourhood</td>
<td>Need to arrive early and secure accommodation</td>
</tr>
<tr>
<td>Utilities may be included</td>
<td>Sharing your private space with others</td>
<td>More food options</td>
<td>Additional costs to setup house e.g. utensils, linen</td>
</tr>
<tr>
<td>Wi-Fi usually included</td>
<td>Typically, lots of rules</td>
<td>More space and more privacy</td>
<td>House cleaning and maintenance</td>
</tr>
<tr>
<td>Opportunity to meet people from around the world</td>
<td>Can be distracting and noisy – just when you want peace and quite</td>
<td>Deeper taste of independence and adulthood</td>
<td>Can be more expensive – particularly if living alone</td>
</tr>
<tr>
<td>Access to shared recreation areas and facilities</td>
<td>You may feel isolated</td>
<td>Commute time and costs</td>
<td>Paying bills</td>
</tr>
<tr>
<td>Often most meals can be included</td>
<td></td>
<td>Shopping and cooking</td>
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</table>

Most universities will have a website devoted to housing options. It is a good idea to spend some time browsing through this information to familiarise yourself with the housing facilities at your host institution.

As you can see, each option comes with its own set of pros and cons. It’s a decision that truly comes down to individual needs and preferences.

Accommodation

Enrolling for exchange
Money matters

Government Loan: OS-HELP
You may be eligible for OS-HELP assistance, a government loan that financially assists eligible exchange students. Further information is available at studyassist.gov.au

Budgeting
We recommend having several sources of money; ATM, credit card, traveler’s cash. Cash. Most returned exchange students recommend that you open a bank account in your host country when you arrive and use ATMs and a debit or credit card to pay for daily expenses. This may save on account fees and make it easier to access your money. Be sure not to get cash out on a credit card as this can incur high interest and bank fees.

Banking
Remember to advise your bank and credit card company that you are travelling overseas and will be using your Australian accounts. This will help to avoid having your account frozen and card cancelled if unusual transactions are noted.

Talk to your bank about overseas transaction fees – many banks and financial service providers offer cards with no overseas transaction fees.

Centrepay
If you are eligible for Austudy, Youth Allowance or Abstudy while studying at Flinders, you may be eligible to continue receiving payments while on exchange. You must provide an official letter confirming your participation in an exchange program to the relevant authority. A confirmation letter will be provided to you after your host university acceptance is received.

Tax
If you have been working, don’t forget to lodge a tax return with the Australia Tax Office (ATO) before you depart. If you plan on working overseas (remember you may need a work visa) find out the about the tax arrangements of your host country.

Power of Attorney
Consider arranging “Power of Attorney” which allows someone you trust to transfer, withdraw funds from or deposit funds into your account. This person will also have the authority to pay credit card bills and carry out other legal matters. You MUST notify Centrelink of who will be acting on your behalf.

Register for DFAT Smart traveller
Ensure you register with DFAT at smarttraveller.gov.au to assist you in gaining access to consular services easily and quickly if you encounter a problem during your time abroad.

Medical tips
It is recommended that all students have a general health check-up before they depart. The University Health Service is available to Flinders students travelling overseas, providing expert advice and a range of onsite travel related vaccines. For some travel immunisation is not compulsory, but it is important for all travellers to be up to date with your routine vaccinations. Your doctor can provide more information on this.

Students who are not Australian citizens may use the DFAT website to check travel information, but should register with consular officials from their home country.

Flinders University acts on advice from DFAT so, if they issue a warning on deferring all travel or non-essential travel, your exchange will be suspended until the recommendation has improved. If you are in country and a warning is issued go to the nearest safety spot as designated by the host government.

If you are taking medication, check there are not restrictions on specific medication. To assist the process, obtain written confirmation from your doctor about your requirements to take with you.

Health tips

Healthcare
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Travel
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Relocating
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Abroad
If you have been working, don’t forget to lodge a tax return with the Australia Tax Office (ATO) before you depart. If you plan on working overseas (remember you may need a work visa) find out the about the tax arrangements of your host country.

Multiple
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Effective Management of Health Conditions/Disabilities
If you have an ongoing physical and/or mental health condition, disability or disorder (including substance abuse or dependence) you should make an appointment with your treating professional in order to discuss the management of your condition whilst travelling.

If you do not have a regular treating professional, services can be accessed via the Health, Counselling & Disability Services to assist you to further explore any potential needs whilst overseas and away from home.

• It is important for you to identify (i) what supports and services are available to you, (ii) when these are able to be accessed, and (iii) how you can access them, in order to assist you with accessing support should the need arise.

• For students who currently have an Access Plan at Flinders does not guarantee the same arrangements at another university. You should advise your exchange coordinator of any access or support needs, take any relevant assessment or verification documents from your treating professional with you, and meet with a Disability Advisor at your host university. Contact a Flinders Disability Adviser prior to departure for more detailed advice (disability@flinders.edu.au).

Refer to the World Health Organisation’s (WHO) website for information regarding health risks for travellers who.int/ith/en/
Arrival

You should plan to arrive at least two weeks before the study period starts. Find out if your host university offers an arrival reception service and inform them of your arrival time. If not, you will need to research the local transport and have local currency to pay for it. Be sure to attend any included orientation programs, as this is a great time to meet other students and to start getting involved in campus life. When you arrive plan a visit to the international office.

Things to do when you first arrive:
• Contact your family – save them the anxiety of wondering if you have arrived safely
• Visit the International Centre at your host university
• Update your Flinders University contact information
• Attend the Orientation Program and all the social activities to meet new people.

While you are overseas

So you have just landed and you feel excited and ready for every adventure that comes your way.

Things to do in the first 2 weeks:
• Open a bank account
• Enrol (register) for classes if you have not already done so
• If required, apply for additional topic approval via AskFlinders, askflinders.microsoftcrmportals.com/current-students/
• Obtain a student card and concession cards
• Adjust yourself to the new weather/time zone
• Apply for Health Insurance or for Waiver if appropriate
• Join a club or activity.

Enrolment at your host institution

While on exchange you must retain a full-time enrolment status at Flinders (no less than 13.5 units per semester) and register for a standard full-time academic load at your host university. Your enrolment at your host university must be in units which count for at least 18 Flinders units (per semester), unless otherwise approved by your College.

Things to note
• Take a copy of your credit letter with you
• Previously approved topics may no longer be available; do final checks before you depart and request approval for additional topics if required
• If you want approval for a topic after you depart, apply for additional topic approval via AskFlinders, askflinders.microsoftcrmportals.com/current-students/
• Keep copies of all emails relating to approval of topics.

Remember that even if you enrol and successfully complete a topic, your College Administrative Officer is not required to grant credit if you have not previously sought approval.

Combined Degree Students

You will need to confirm with your College Administrative Officer if you are required to enrol in an overload during your period of exchange and advise Flinders International accordingly.

You may receive advice from the host university that contradicts advice received from Flinders University. Please confirm with the Learn Without Borders team all advice you receive from the host university, as each university has different academic systems.

Useful health tips for travellers

• Ensure you are covered by an appropriate level of insurance for the whole time you are away, especially if you have any special health requirements
• Monitor your vitamin D levels – if travelling to a cold climate with short daylight hours
• Eat and drink safely
• Practice safe sex
• Be especially aware of motor vehicle and recreational water hazards
• Ensure your vaccines are up-to-date
• Carry your own travellers’ medical kit
• Avoid mosquitoes, ticks, flies and other biting insects
• Don’t go near or touch local animals, including domestic cats and dogs
• Apply sunscreen and repellent regularly
• If you are prescribed anti-malarial medication, take it as prescribed, for example prior to leaving, while in risk areas and when you return
• Take enough routine medication to cover the length of your trip
• In some countries supplies of feminine hygiene products, nappies and contraceptives, including condoms, can be unreliable or unavailable
• Research your destination and also find out whether essentials are readily available.

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Cultural adjustment

Going on exchange will likely be one of your most exciting, challenging, and life changing experiences. We encourage you to read about our past students’ experiences or discuss your upcoming trip with returned students about all the amazing things they have done and the wonderful friendships they have made.

There are so many positives about studying abroad, but you must be prepared that when you move to a new environment, whether it be geographical, cultural, or both, there are adjustments you have to make.

This is not always easy, especially without your normal support networks of family and friends. You’ll experience highs and lows, and it is not uncommon to feel overwhelmed. This is all part of the process of ‘Cultural adjustment’. Learning about another culture doesn’t only involve experiencing museums, the university etc. but also adapting to the smaller everyday life things. Some of the smaller things that can get you down can seem trivial but when all lumped together, can make things tough.

Here are some examples:
• The weather – “it’s only 3pm and it’s dark!”
• Time differences – I can’t call my family and friends as they are sleeping
• Not being able to find ‘normal’ food in the shops or not having a car to carry your groceries home
• Not having easy access to email or a telephone so that you can call home when you desperately need to
• Not being able to socialise because the workload is too high and you’re not used to it
• At home, I’m the same as other people, but here I stand out.

Mostly you’ll be able to handle all these challenges, feel great about doing so and laugh about it in hindsight. But sometimes when coupled with other factors like missing family and friends it can be overwhelming. You might find yourself having mood swings ranging from anger to depression to panic and it can be difficult to relate how you’re feeling to others who have never experienced it.

So how does it feel?
It’s hard to describe it unless you’ve been through it before but these are some common signs:
• Sleep disturbances, physical complaints
• Lack of concentration
• Boredom or fatigue/exhaustion/depression – you don’t feel like getting out of bed, going to classes, socialising etc.
• Loss of sense of humour
• You find yourself complaining or criticising just about everything.
• Increased use of alcohol or drugs
• Changes in eating habits – too much or too little
• Feelings of rejection, feeling alone – “no one likes me, I can’t make friends here.”

The feelings generally tend to sneak up on you and nearly everyone experiencing a new culture will be exposed to varying degrees. Prepare yourself for these down times. Acknowledging that what you are feeling is natural and that other students are likely also experiencing the same thing will help you to avoid discouragement. Culture shock (sometimes known as homesickness) has its ups and downs, good days and bad—but you will get through it.

Many students on exchange experience times when they feel depressed. However, the overwhelming majority come away stronger and better adapted for the experience. Contact Flinders International for more information on how to deal with homesickness: lwb@flinders.edu.au

Tips for coping
• Make friends with a ‘local’ – learn about the local culture and lifestyle through their eyes
• Be a tourist – do all the incredibly cheesy (but fun!) things that a tourist does
• Try something different – each day will present new opportunities and challenges; try something that you would never do at home. Join the soccer team, volunteer around campus, go snowboarding, hiking or white water rafting
• Do something familiar – make your favourite food or watch your favourite movies or sporting event. Invite friends to share the experience with you
• Ask family and friends for packages from home – little things from home can make a big difference.

Sometimes just talking things out with another person about how you’re feeling, can help to get some ideas around what steps could be helpful in tackling any situations that may arise.

Talking with other students can be a great support, but also having a discussion with your Exchange Coordinator might assist.

We recommend that you contact your host university Health Service and/or Counselling Service in the first instance if you are struggling personally, and have not been able to resolve the issue readily.

You can also arrange to book confidential support through the Flinders Health, Counselling and Disability Service (phone, video Skype, or Skype web chat).

Phone: +61 08 8201 2118
9am – 5pm Australian Central Standard Time

E: counselling@flinders.edu.au

Additional support resources
blogs.flinders.edu.au/student-health-and-well-being/

Staying safe

In your home or room
• Keep all doors and windows locked while you are out or asleep
• Do not allow anyone you do not know into your home/room
• Request identification from all trade persons seeking access to your home
• Introduce yourself to your neighbours as soon as possible; this way if you do have any problems you will feel more comfortable asking them for assistance.

Going out
• Do not accept transport from strangers
• Try not to walk alone at night; make use of campus security
• Do not take “shortcuts”, especially if you do not know the area well
• If you think you are been followed, cross the road and go to the nearest well lit house/ business for help, or approach someone for help
• Walk facing the on-coming traffic; this avoids having a vehicle following you
• Sit near other passengers or the driver when travelling on public transport
• If you feel threatened while travelling on a train, push the emergency stop button to obtain immediate attention from the guard.

Sexual assault
Sexual assault is a crime. If someone is assaulted sexually there are two ways of dealing with it. One is to report it to the police who will pursue prosecuting the alleged offender. Police usually have a unit that is trained to relate sensitively and appropriately to victims. The other option is not to report it formally but to seek support and counselling from a sexual assault centre.

Usually there is a service on campus that will be able to provide this help.

Communication

Regularly check your Flinders email account and provide these details and other contact details to the International Centre at your host institution. It is very important that you also inform us if any of your contact details change, especially your primary email account, as this will be the only way we will be communicating with you.

Stolen or lost passport

If your passport is stolen or lost, you can either report it online or contact the nearest Australia Embassy/Consulate/High Commission immediately and report it to the police. Be sure to get a copy of the police report or the report number.

To obtain a replacement you will need to complete an application form, produce written evidence of your Australian citizenship (e.g. birth certificate or citizenship certificate), provide a copy of the police report or number, present new passport photographs and pay the required fee.

Remember your passport is your most important legal document while travelling overseas. As a visitor, some countries require you to carry your passport at all times. Guard your passport carefully and do not travel away from your host institution without it.

Communication

When phoning home, check out different options to determine the best for you i.e. international calling cards, Viber, Skype, and Facetime. Telephone calls from landlines and mobile phones can be extremely expensive so don’t get caught out.

Once you have a local phone number and address tell the following people:
• Your family and friends
• Flinders International
• Your host university.

Make friends with a local

Predeparture Guide
Flinders University
**Changes to your enrolment**

**Withdrawal**
If you decide to withdraw from the Exchange Program after your arrival at the host university, you must notify Flinders International immediately to inform us whether you intend to return to study at Flinders for the semester, or will be deferring from Flinders.

When withdrawing from the program, consider the following implications:

- **Local (domestic) students** – your FEE HELP liability and academic status may be affected if you withdraw after the formal withdrawal date.
- Further information is available at [www.flinders.edu.au/current-students/dates/critical-enrolment-dates.cfm](http://www.flinders.edu.au/current-students/dates/critical-enrolment-dates.cfm)

**International students** – withdrawal during Flinders’ second semester presents significant issues. If withdrawal occurs after the period of grace allowed in the Refund Policy, refund of tuition fees may not be available. Withdrawal may also have Australian student visa implications.

**Returning early**
If you were approved for exchange for two semesters, but decide to return after one, you must notify the Learn Without Borders office immediately.

**Extensions**
Approval must be granted in writing, and copies kept for your own reference. Without Borders office immediately. Flinders University policy no: 03PP006831

**Travel and living**
There are many practical issues to deal with before you head home. Remember to confirm any travel plans and check how to get to the airport. Be sure to wrap up any housing details, especially if you rented an off-campus apartment and work out how to close your bank account.

**Transcript**
Generally your academic transcript from your host institution will be mailed directly to the Learn Without Borders office. Transfer of credit cannot be processed until an official copy of your transcript is received by LWB. The results of your overseas study (the topics, grades and university where you studied) will show on your Flinders academic transcript. The grades you receive at your host university will not be translated into Flinders grades. You will receive an Ungraded Pass (UP) or an Ungraded Fail (UF) for all the topics that you enrol in.

**Graduation**
If you are completing your Flinders degree whilst on exchange there may be implications for when you are able to graduate. Check with the Graduation Office at Flinders for closing dates for application to graduate.

Due to differences in examination periods, completing your Flinders degree while on exchange may prevent you from graduating at the ceremony immediately following your exchange. More information at: [www.flinders.edu.au/graduation/](http://www.flinders.edu.au/graduation/)

**Deferring your studies at Flinders/leave from study**
If you wish to defer your studies after your exchange and not enrol in a full academic year at Flinders, you may need to apply for leave from study (check with Enrolment Services). More information about approved leave can be found at [flinders.edu.au/enrolling/enrolment-and-registration/leave-from-study.cfm](http://flinders.edu.au/enrolling/enrolment-and-registration/leave-from-study.cfm)

**Cultural re-adjustment**
After you return to Adelaide, you might feel a bit lost. You have just experienced a whole range of new, exciting and challenging things and, upon return, could be surprised to find that Adelaide hasn’t changed in your absence. Your friends and family will be excited to have you home, but might tire of your endless tales of fun and discovery. You will probably only be home a couple of weeks before you find you are frantically planning another trip overseas!

But don’t worry; it’s normal to have any or all of these feelings. The Flinders Learn Without Borders office runs social gatherings throughout the academic year. Returned exchange students are invited along to socialise with students about to embark on an exchange experience. Be sure to take up this opportunity, as it will give you a chance to relive your experiences and pass on all the things you learnt to others. It will also be an opportunity for you to stay involved, discover different ways you can travel overseas through the university (e.g. Australian Youth Ambassadors for Development [AYAD]) and give something back by helping with orientation for incoming exchange students and counselling prospective exchange students. All of these opportunities will help you get the most out of your student exchange experience.

Once you return, you will be required to complete an online survey that Flinders International will email to you. Completing this survey is compulsory and is a condition of participating in an overseas exchange.

**Checklist**
- Say goodbye and thank your international host institution and colleagues
- Confirm travel plans and check how to get to the airport
- Check your transcript mail details
- Pay all your bills including library fines
- Complete the Flinders International online survey
- Check with the graduation office at Flinders for closing dates for the application to graduate
- If deferring your study – apply for leave from study (check with enrolment services).

**Incoming home**

- Make sure you have paid all your bills (even the small ones – like library fines!), otherwise you won’t receive your host university academic transcript.

**Important contacts**

- **Emergency contacts**
  - 24-hour Consular Assistance by the Australian Government
    - Within Australia: 1300 365 135
    - Outside Australia: +61 2 6261 3305
    - SMS: +61 421 269 080
    - Register your travel plans on [smarttraveller.gov.au](http://smarttraveller.gov.au) and download the app
  - Chubb Assistance
    - Phone: +61 2 8807 5995
    - Finders University policy no: 03PP006831

- **Learn Without Borders**
  - Flinders University: +61 8 8201 2727
  - +61 08 8201 2118
  - lwb@flinders.edu.au

- **Scholarships Office**
  - Submit an online enquiry form via [AskFlinders](askflinders.microsoftcrmportal.com/)

- **Health, Counselling and Disability Services**
  - Health: [askflinders.microsoftcrmportal.com/](http://askflinders.microsoftcrmportal.com/)
  - Counselling and Disability Services: [askflinders.microsoftcrmportal.com/](http://askflinders.microsoftcrmportal.com/)

- **Risk and Insurance Office**
  - P: +61 8 8201 3793
  - E: riskandinurance@flinders.edu.au

- **College Contact**
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**Flinders University**

- P: +61 8 8201 2000
- F: +61 8 8201 3793
- E: askflinders.microsoftcrmportal.com/

- **Graduation Office**
  - P: +61 8 8201 3233
  - E: integritygovernance/graduation/accreditation@flinders.edu.au

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More information

Visit the Learn Without Borders drop-in desk at Flinders Connect
Tue, Wed & Thurs 11:00 - 1:00pm
flinders.edu.au/studentexchange
blogs.flinders.edu.au/student-exchange-experiences
lwb@flinders.edu.au
+61 8 8201 2727
Facebook: @FlindersLWB

flinders.edu.au/studentexchange