

Staying connected

Online Hub

Flinders University has a new Online Hub to assist students with any personal, wellbeing, study or technical matters that arise due to the COVID-19 outbreak.

You can access the Online Hub by [clicking here](#).

Flinders Support Network

Flinders University is committed to supporting you to achieve success through your studies. We are here to offer you academic, wellbeing and financial support. If you would like to talk to one of our friendly [Flinders Support Network](#) advisors about how you are feeling and what support is available to help you, call us during business hours or request a call back.

Contact: (08) 8201 5500

After hours crisis support

If you require urgent crisis support outside of business hours call Flinders University on

1300 512 409 or text **0488 884 103**.

Learn more about this support service by [clicking here](#).

Family and Friends

Make sure you tell your family and friends where and how you are on a regular basis. Provide them with contact details if you haven't already, and provide those around you with contact details for your family or friends back home.

Embassy

- Make sure you update your Embassy or Consulate with your current location by providing your details as soon as possible (ie name, address, telephone number, email address). Please encourage immediate family members or carers who are with you in Australia to update their details with their Embassy or Consulate too.
- Your Embassy or Consulate may be able to provide advice and/or support should they have concerns about your welfare (eg problems with finding/maintaining accommodation, food or essential medications).
- If you are considering a return to your home country but are worried that there are limited or no flights available from Australia please let your Embassy or Consulate know. The governments of several countries may organise chartered flights to assist citizens to return to their home country.
- Contact details for countries with embassies in Australia can be viewed by [clicking here](#).

Data

We're all going to be using more data while we study and work from home and some telecommunication providers are now providing **bonus data** – [click here](#) to check if your mobile plan (prepaid and postpaid) is eligible.

Flinders University cultural and spiritual student associations

Flinders University's student run cultural and spiritual clubs are a great way to connect with like-minded people while you're studying. Joining a club can help you to you to expand your social circle, develop your professional skills, and can provide you with peer support while you're studying in Australia. [Click here](#) to view a list of clubs.

Employment

- The Australian Government has announced a temporary relaxation of work conditions for student visa holders in response to the current COVID-19 (Coronavirus) crisis – [click here](#) for more details.
- The Australian Government has announced that it will allow international students access to their superannuation savings if they are facing financial difficulties due to the coronavirus. International students have to have been in Australia for longer than 12 months in order to be eligible for early release of their superannuation savings. Applications for the early release of superannuation will be accepted through the Australian Government's [myGov website](#) from 20 April 2020.

Careers and Employability assistance at Flinders University

Flinders University's Careers and Employability team continue to deliver career development and graduate opportunities to students in the safest possible environment by providing careers sessions and events online via a new [Careers and Employability FLO topic](#).

Students can also access a wide variety of online career and professional development resources through [Career Hub](#).

What the Careers and Employability team can offer you right now:

- Find job opportunities

The Careers Hub team is screening Australia's job search websites (SEEK, Indeed and Jora) on a daily basis for jobs suitable for students and new graduates. [Click here](#) to view current opportunities.

- Prepare for employment

You can find templates and resources and information on how to create a CV or resume [here](#).

- Information especially for international students - [click here](#) to view.
- An A-Z of finding casual work – [click here](#) to view.
- Information to help you manage work and study – [click here](#) to view.

Careers and Employability website: <https://students.flinders.edu.au/student-services/careers>

Careers and Employment contact details: careers@flinders.edu.au

Jobs in supermarkets

- **Coles** has great tips for preparing a resume and getting ready for an interview – [click here](#). You can also register your interest to work with Coles by [clicking here](#).
- You can register your interest to work with **Woolworths** and read stories of people who currently work there to get an idea of the types of skills required by [clicking here](#).
- You can view job opportunities with **Drakes Supermarkets** by [clicking here](#).
- To register your interest to work with Romeo’s Retail Group (**Foodland**) [click here](#).
- View job opportunities with Aldi by [clicking here](#).

Other jobs

- [Detmold Group](#) is a South Australian company (suburb location: Brompton) that manufactures paper packaging products. Detmold is planning to employ up to 160 extra staff to produce masks for the South Australian and Australian Governments. You can view current job opportunities at Detmold [here](#).
- [SA Health](#) is accepting applications from university students to work in South Australia’s hospitals, health sites, aged care facilities and dedicated COVID-19 clinics.
 - a. If you are a second or third Nursing student [click here](#).
 - b. If you are a Pharmacy student [click here](#)
 - c. If you are a Physiotherapy, Social Work, Psychology, Occupational Therapy, Speech Pathology, Dietetics or Medical Science student [click here](#).
- [Domino’s Pizza](#): if you are interested in food preparation or delivery jobs [click here](#).
- [Services Australia](#) is an Australian Government department that delivers social support services and payments to Australians. They need more people to work in their call centres and offices – you can view jobs currently available by [clicking here](#).
- [Telstra](#), an Australian communication company needs more people to work in their call centres – you can view job opportunities by [clicking here](#).

- [GradAustralia](#) contains information about Australia wide companies with large graduate intakes and structured graduate programs, particularly in the fields of Business, Law and Engineering. GradAustralia have recently introduced a filter to enable international students to identify employers accepting international student applications.



All people who work in Australia are entitled to minimum employment standards – these standards apply to Australian Citizens, Permanent Residents and Foreign Citizens with work rights. You can view this information [here](#) and at the end of this document. You can also access this information in in over 30 languages by [clicking here](#).

You can access information regarding work rights for international students in Australia by [clicking here](#). A copy of this information is also available at the end of this document.

Emergency food supplies

The Flinders University Student Association ([FUSA](#)) is an organisation that represents the rights and interests of students at Flinders. The [Student Assist](#) team at FUSA provide confidential and free advocacy, support, assistance, information and referrals on any issues that may be affecting you currently including:

- [Financial Advocacy](#): help if you are struggling to pay bills
- Emergency Financial Assistance: supermarket vouchers, food parcels and metro cards
- Interest free loan of up to AUD\$500
- [Financial Hardship Grants](#) – AUD\$500 grant payments to eligible students
- COVID-19 [Emergency](#) Support Payment

FUSA contact details: (08) 8201 2371 | student.assist@flinders.edu.au

You can use [Ask Izzy](#) to find out about emergency housing, food and meals available in Adelaide. [Click here](#) to get started. If you are on the Telstra mobile network you can use Ask Izzy even if you don't have credit on your phone.

[Foodbank SA](#) provides emergency food supplies ('food hamper') to people living in South Australia. Contact the organisations listed [here](#) to check if you can receive a food hamper.

You can view other South Australia organisations who provide emergency assistance for people who are struggling to pay bills and eat [here](#).



These organisations receive a high number of requests for help. If you need help, please contact the organisation by telephone or email to seek advice before visiting their office.

Housing security

What to do if you are struggling to pay your full rent due to the COVID-19 outbreak:

- Contact your landlord or rental agent and let them know that you are experiencing financial difficulty
- Be honest about your situation
- If your landlord or rental agent agrees to reduce your rent ask them to send you these details by email
- Be reasonable about what you're asking for (for example, reducing weekly rental payment)
- Contact ISS or Flinders University Student Association (FUSA) for advice

FUSA's Student Assist team can provide you with free and confidential information about your rental options, your rights and obligations as a tenant, and where to find help if you're having problems with housing. [Click here](#) for more information.

FUSA contact details: (08) 8201 2371 | student.assist@flinders.edu.au



Consumer and Business Services (CBS) is a division of the South Australian Government that provides rental advice for common situations experienced by landlords and tenants. You can view information related to COVID-19 for tenants and landlords by [clicking here](#).

Other support services

Your local cultural association or religious organisation may be able to provide support if you are struggling to buy food or are feeling alone. Some associations have started fundraising to support international students in Australia. Don't be afraid to ask for help!

Cultural associations

- Africa Facebook: [African Communities Council of South Australia](#)
Contact: 08 8410 3905 | admin@accsainc.org.au
- Bangladesh Website: [Bangladesh Australia Society of South Australia](#)
Facebook: [South Australian Bangladeshi Community Association](#)
Offering \$50 Coles/Woolworths Gift Card for Bangladeshi's in South Australia who are unable to access Australian Government Support
- Cambodia Website: [Cambodian Association of South Australia](#)
Contact: 0416 762 524 | chharida.cambodianassociationsa@gmail.com
- China Website: [Overseas Chinese Association of SA](#)
Contact: info@ocasa.org.au / (08) 8445 7355)
- East Timor Website: [Australia East Timor Friendship Association](#)
Contact: subscribe@aetfa.org.au
- Indonesia Website: [Australian-Indonesian Association of South Australia](#)
Facebook: [Adelaide Indonesian Community](#)
Contact details for other Australian Indonesian Community Groups in South Australia can be viewed [here](#)
- India Website [Indian Australian Association of South Australia](#)
Facebook: [Indian Association of South Australia](#)
- Iran Facebook: [Persian Cultural Association of South Australia](#)
- Iraq Facebook: [Iraqi Community Cultural Association of South Australia Inc](#)
- Malaysia Website: [Malaysian Club of South Australia](#)
Contact: myclubsa@gmail.com

- Myanmar Facebook: [Australian Myanmar Cultural Association](#)
- Nepal Facebook: [Adelaide Nepalese Society Australia Inc](#)
Facebook: [Nepalese Community in Adelaide](#)
- Pacific Islands Website: [Pacific Islands Council of South Australia](#)
Contact: info@mypicsa.org
- Pakistan Website: [Pakistani Australian Association of South Australia](#)
Contact: ec@paasa.org.au

Facebook: [Pakistan Association of Australia](#)
Contact: 0410592435 / info@pakistanassociation.com.au
- Philippines Facebook: [Filipino-Australian Community Services Inc](#)
Contact: lourdes.jones@optusnet.com.au | (08) 7226 2338

Website: [Filipino Settlement Coordinating Council of SA Inc](#)
Contact: benhur.winter@fscsa.org.au | 0400 964 491
- PNG Facebook: [Papua New Guinea Association of South Australia](#)
- Saudi Arabia Website: [Saudi in Adelaide Students Association](#)
Contact: +61 451 722 633 | admin@saudi-adelaide.com
- Singapore Website: [Singapore Association](#)
Facebook: [Singapore Association](#)
Telegram Channel: <https://t.me/singaporeassociationuoa>
Contact: singaporeassociation@gmail.com

Website: [Singapore Business & Social Association](#)
Contact: sbsa_info@sbsa.org.au
- Sri Lanka Website: [Australia Sri Lanka Association Adelaide](#)
Facebook: [Sri Lankan Association of South Australia](#)
Contact: 0431 392 011

Distributing food rations to those in need in Sri Lankan community

- Vietnam Website: [Vietnamese Community in Australia \(SA\)](#)
Facebook: [Vietnamese Community in Australia – SA Chapter](#)
Contact: admin@sa.vnca.org.au

Religious organisations

- Baha'i Website: [Baha'i Centre of Learning South Australia](#)
Facebook: [Adelaide Baha'i](#)
Contact: adelaide@sa.bahai.org.au | 0430 518 661 | 8232 6002
- Buddhist Website: [Buddhist Society of South Australia](#)
Website: [Adelaide Sri Lanka Buddhist Vihara](#)
Website: [Wat Khmer Santipheap Association of Sa Inc](#)
Facebook: [SA Zhu-Lin Buddhist Association](#)
Website: [Nan Hai Pu Tuo Temple of Australia](#)
Facebook: [Wat Lao Temple Kudla](#)
- Christian Anglican Church locations in Adelaide – [click here](#)
Baptist Church locations in Adelaide – [click here](#)
Catholic Church locations in Adelaide – [click here](#)
Churches of Christ locations in Adelaide – [click here](#)
Lutheran Church locations in Adelaide – [click here](#)
Pentecostal Church locations in Adelaide – [click here](#)
Uniting Church locations in Adelaide – [click here](#)
[Chinese Christian Church of SA](#)
[Adelaide Chinese Christian Community](#)
[Austral-Asian Christian Church](#)
[Chinese Methodist Church in Australia](#)
[St Gregorios Indian Orthodox Church](#)
[Korean Adelaide Presbyterian Church](#)
[Adelaide Korean Catholic Church](#)

[Ebenezer Pentecostal Assembly](#) (Malayalam)

[Adelaide Pentecostal Fellowship](#) (Malayalam)

[Adelaide Vietnamese Christian & Missionary Alliance Church](#)

[Glow Fellowship Centre Adelaide](#) (Indonesian)

[Indonesian Christian Fellowship of Adelaide](#)

[Bethel International Church Adelaide](#) (Indonesian)

[Sri Lankan Christian Fellowship](#)

[Jesus Family Church](#) (Burmese & Zomi)

[Adelaide Chin Christian Church](#)

- Hindu

Website: [Shree Swaminarayan Temple Adelaide](#)

Facebook: [Shree Swaminarayan Temple - Adelaide](#)

Contact: info@swaminarayanadelaide.org | 08 8283 3886

Website: [Shri Ganesh Temple](#)

Facebook: [Shri Ganesha Temple Adelaide](#)

Contact: secretary@hindusocietysa.com.au | 0429 698 198

Facebook: [ISKCON Adelaide](#)

Contact: 0423 338 263

Website: [Shree BAPS Swaminarayan Hindu Mandir](#)

Facebook: [BAPS Shri Swaminarayan Temple - Mandir](#)

Contact: (08) 8281 2277 | info.adelaide@apac.baps.org

- Jewish

[Adelaide Hebrew Congregation](#)

Contact: office@adelaidehebrew.com | (08) 8338 2922

[Beit Shalom Synagogue](#)

Contact: 08 8362 8281

- Muslim

Website: [Adelaide City Mosque](#)

Facebook: [Adelaide City Mosque](#)

Contact: info@adelaidecitymosque.org.au | (08) 8231 6443

Website: [Masjid Omar Bin Alkhattab](#) (Marion Mosque)

Facebook: [Islamic Society of South Australia](#)

Website: [Masjid Abu Bakr Assidiq](#) (Wandana Mosque)

Facebook: [Islamic Society of South Australia](#)

Contact: (08) 8277 8725 | info@islamicsocietysa.org.au

Facebook: [Islamic Arabic Centre & Masjid Al-Khalil](#)

Contact: (08) 8268 1944 | info@masjid-alkhalil.com.au

Website: [Amhadiyya Muslim Association Australia](#)

Contact: 0402 399 120 | 08 7226 1450 | externalaffairs.sa@ahmadiyya.org.au

Facebook: [Islamic Society of South Australia](#)

Facebook: [Islamic Information Centre of SA](#)

Facebook: [Bosnian Herzegovina Muslim Society of SA](#)

Contact: (08) 8447 3259 | 0410 381 296 | info@bhmhsa.com.au

List of mosques in South Australia: [click here](#)

- Sikh

Website: [Sikh Society of South Australia](#)

Contact: (08) 8379 4420 | secretary@sikhssa.org.au

Website: [Gurdwara Guru Nanak Darbar](#)

Facebook: [Gurdwara Guru Nankak Darbar](#)

Contact: (08) 8346 6281

Distributing food rations to those in need in Sikh community

Website: [Gurdwara Sri Sarbat Khalsa Sahib](#)

Facebook: [Gurdwara Sarbat Khalsa](#)

Contact: 0452 207 074

- Zoroastrian

Facebook: [Australian Zoroastrian Association](#)