

People are at the heart of our University, and we are committed to championing diversity, equality of opportunity and a safe and inclusive, values-based community for all.

## WHAT TO DO AS A STUDENT

### IF YOU ARE EXPERIENCING DISRESPECTFUL BEHAVIOURS AT UNIVERSITY

The infographic below provides some general guidance on what you can do if you are experiencing disrespectful behaviours at university.



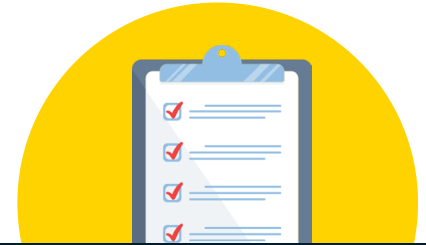
#### Self-Resolution

For low-level concerns, and if you feel safe and comfortable to do so, try to let the person upsetting you know that the behaviour is unwelcome and that it needs to stop.



#### Keep a record

Keep a record of any incidents that occur as soon as possible.  
Stick to the facts.  
Who? What? Where? When?



#### Know the info

Read the relevant policies including the [\*Equal Opportunity Policy\*](#), [\*Student Complaints Policy\*](#) and/or [\*Student Complaints Procedures\*](#) for information and guidance on what you can do.

#### Speak up and seek guidance

We take concerns about inappropriate behaviour very seriously, so please speak up as early as possible so we can support you and try to resolve the concern.

You can speak up to the **Student Equal Opportunity Advisor**: [studenteo@flinders.edu.au](mailto:studenteo@flinders.edu.au). Student information and support is also available from:

- [\*\*Health, Counselling and Disability Services\*\*](#)
- **The Topic Coordinator** in the case of disrespectful/unsafe behaviours being experienced while in the classroom or on fieldwork or a placement
- [\*\*The Deputy Principal and Principal\*\*](#) for matters related to Flinders Living

You may also make a complaint using the University's [\*\*Student Complaints and Appeals process\*\*](#). For complaints involving allegations of sexual harassment or sexual assault please visit [\*\*Safety and Respect at Flinders\*\*](#).



#### Maintain confidentiality

To protect the privacy of all parties involved, reduce the risk of victimisation and ensure the integrity of any investigation or process that might follow, it is important to keep matters as confidential as possible and not discuss issues/concerns unnecessarily.

#### Seek emotional support

You don't have to deal with these issues alone. If you are upset or struggling, please talk to someone for support — e.g. a friend, fellow student or family member.

If you need additional support, please contact someone noted in the 'Speak up and seek guidance' section above. You can also contact emotional support agencies such as our [\*\*Counselling Services\*\*](#), [\*\*1800 Respect \(1800 737 732\)\*\*](#), [\*\*Lifeline \(13 11 14\)\*\*](#) or [\*\*headspace Adelaide \(1800 063 267\)\*\*](#).

#### Counselling Services

Access the free and confidential counselling service Monday to Friday 9am to 5pm, available to all students: **08 8201 2118**

Outside these hours, crisis support is available by calling **1300 512 409** or texting **0488 884 103** (this includes weekends and public holidays).