

## Master of Counselling - Offshore

### Study Planner

First Year	Semester 1	<b>MHSC8018</b> Low Intensity Cognitive Behaviour Therapy for Psychological Disorders	<b>MHSC8019</b> Fundamentals of Clinical Practice	<b>MHSC8044</b> Fundamental Counselling Skills	<b>MHSC8035</b> Theories of Counselling and Psychotherapy
	Semester 2	<b>MHSC8033</b> (9 units) Clinical Practicum 1 Applications of Cognitive Behaviour Therapy  <i>MHSC8018, MHSC8019, MHSC8035 &amp; MHSC8044</i>		<b>MHSC8034</b> Motivational Interviewing	<b>MHSC8021</b> Cognitive Behaviour Therapy for Psychological Disorders
Second Year	Semester 1	<b>MHSC9031</b> (9 units) Clinical Practicum 2 Extended Applications of Cognitive Behaviour Therapy  <i>MHSC8033</i>		<b>MHSC8111</b> Managing Chronic Conditions – Self Management Support Approaches	Option Topic
	Semester 2	<b>MHSC9037</b> Counselling for Relationships and Sexual Health	<b>MHSC8032</b> Strength Based Approach for Supporting Young People	<b>HLED9108</b> Research Skills in Clinical Education – Evidence Synthesis	Option Topic

#### Key:

Core Topics
Option Topics
Prerequisite Topic

#### Please note:

- This document is provided as a guide only. Students are responsible for ensuring that they have completed their study according to the official Course Rule: <https://handbook.flinders.edu.au/courses/2024/MCBH>
- Topic information for all topics, including pre-requisites can be found in the Handbook <https://handbook.flinders.edu.au/>
- General enrolment assistance is available via [Ask Flinders](#)
- For specific course advice e-mail: [courseadvice.MPH@flinders.edu.au](mailto:courseadvice.MPH@flinders.edu.au)