

Master of Cognitive Behaviour Therapy

This **suggested** study plan must be read in conjunction with the Course Rule for the Master of Cognitive Behaviour Therapy at:

Course Rule: <http://www.flinders.edu.au/courses/rules/postgrad/mcvt.cfm>

Students undertake 72 units of study involving coursework, clinical practicums and research. The program must be completed in no more than eight consecutive semesters.

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| Year 1 (four semesters - part-time) | Year 1 Semester 1 (9 units) | Core Topic MHSC8020 Theory and Models of Cognitive Behaviour Therapy | Core Topic MHSC8021 Cognitive Behaviour Therapy for Psychological Disorders |
| | Year 1 Semester 2 (9 units) | Core Topic MHSC8018 Low Intensity Cognitive Behaviour Therapy for Psychological Disorders | Core Topic MHSC8019 Fundamentals of Clinical Practice |
| | Year 1 Semester 1 (9 units) | Core Topic MHSC8024 Advanced Theory and Models of Cognitive Behaviour Therapy | Core Topic MHSC9026 Research Methods in Health |
| | Year 1 Non-Semester 2 (9 units) | Core Topic MHSC8033 Clinical Practicum 1 – Applications of Cognitive Behaviour Therapy | |
| Year 2 (four semesters – part-time) | Year 2 Non-Semester 1 (9 units) | Core Topic MHSC9031 Clinical Practicum 2: Extended Applications of Cognitive Behaviour Therapy | |
| | Year 2 Non-Semester 2 (9 units) | Core Topic MHSC9032 Clinical Practicum 3: Advanced Applications of Cognitive Behaviour Therapy | |
| | Year 2 Semester 1 (9 units) | Core Topic MHSC9033A Research Project A | Option Topic* |
| | Year 2 Semester 2 (9 units) | Core Topic MHSC9033B Research Project B | Option Topic* |

***Year 2 Option Topics**

Student must select 9 units from the following option topics:

[MHSC8031](#) Clinical Supervision for Health Professionals (Semester 1)

[MHSC8032](#) Building Resilience with Young People (Semester 1 & 2)

[MHSC8111](#) Managing Chronic Conditions - Self-Management Support Approaches (Semester 1 & 2)

[MHSC8112](#) Perspectives on Chronic Diseases Management (Semester 1 & 2)

[MHSC8116](#) Client-Centred Health Behaviour Change (Semester 1 & 2)

Or an alternative Flinders University postgraduate topic may be selected with the approval of the Course Coordinator, provided topic prerequisites are met.

This document is accurate as at 15 November 2018