

## Master of Cognitive Behaviour Therapy (Pathway 1 – Coursework – full-time)

This **suggested** study plan must be read in conjunction with the course rule for the Master of Cognitive Behaviour Therapy at: <http://www.flinders.edu.au/courses/rules/postgrad/mcibt.cfm>

To qualify for the MCBT, a student must complete 72 units of study involving coursework, clinical practicums and research. The course must be completed in no more than eight consecutive semesters.

### Pathway 1 – Coursework

Year 1 (full-time)	Year 1 Semester 1 (18 units)	<b>Core Topic</b> <a href="#">MHSC8020</a> Theory and Models of Cognitive Behaviour Therapy	<b>Core Topic</b> <a href="#">MHSC8021</a> Cognitive Behaviour Therapy for Psychological Disorders
		<b>Core Topic</b> <a href="#">MHSC8018</a> Low Intensity Cognitive Behaviour Therapy for Psychological Disorders	<b>Core Topic</b> <a href="#">MHSC8019</a> Fundamentals of Clinical Practice
	Year 1 Semester 2 (18 units)	<b>Core Topic</b> <a href="#">MHSC8033</a> Clinical Practicum 1 – Applications of Cognitive Behaviour Therapy	
Year 2 (full-time)	Year 2 Semester 1 (18 units)	<b>Core Topic</b> <a href="#">MHSC9031</a> Clinical Practicum 2: Extended Applications of Cognitive Behaviour Therapy	
		<b>Core Topic</b> <a href="#">MHSC8034</a> Motivational Interviewing	<b>Option Topic*</b>
	Year 2 Semester 2 (18 units)	<b>Core Topic</b> <a href="#">MHSC9032</a> Clinical Practicum 3: Advanced Applications of Cognitive Behaviour Therapy	
		<b>Core Topic</b> <a href="#">MHSC9025</a> Understanding and implementing Evidence-based Change	

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### **\*Year 1 Option Topics**

Student must select 9 units from the following list:

[MHSC8031 Clinical Supervision for Health Professionals](#) (Semester 1)

[MHSC8032 Building Resilience with Young People](#) (Semester 1 & 2)

[MHSC8111 Managing Chronic Conditions - Self-Management Support Approaches](#) (Semester 1 & 2)

[MHSC8112 Perspectives on Chronic Diseases Management](#) (Semester 1 & 2)

### **\*Year 2 Option Topics<sup>1</sup>**

Student must select 4.5 units from the following option topics:

[MHSC8031 Clinical Supervision for Health Professionals](#) (Semester 1)

[MHSC8032 Building Resilience with Young People](#) (Semester 1 & 2)

[MHSC8111 Managing Chronic Conditions - Self-Management Support Approaches](#) (Semester 1 & 2)

[MHSC8112 Perspectives on Chronic Diseases Management](#) (Semester 1 & 2)

<sup>1</sup> Students may, in consultation with the Course Coordinator, select alternative option topics for up to 4.5 units of study provided topic prerequisites are met.

*This document is accurate as of 20 November 2019.*



## Master of Cognitive Behaviour Therapy (Pathway 1 – Coursework – part-time)

This **suggested** study plan must be read in conjunction with the course rule for the Master of Cognitive Behaviour Therapy at: <http://www.flinders.edu.au/courses/rules/postgrad/mcibt.cfm>

To qualify for the MCBT, a student must complete 72 units of study involving coursework, clinical practicums and research. The course must be completed in no more than eight consecutive semesters.

### Pathway 1 - Coursework

Year 1 (four semesters - part-time)	Year 1 Semester 1 (9 units)	<b>Core Topic</b> <a href="#">MHSC8020</a> Theory and Models of Cognitive Behaviour Therapy	<b>Core Topic</b> <a href="#">MHSC8021</a> Cognitive Behaviour Therapy for Psychological Disorders
	Year 1 Semester 2 (9 units)	<b>Core Topic</b> <a href="#">MHSC8018</a> Low Intensity Cognitive Behaviour Therapy for Psychological Disorders	<b>Core Topic</b> <a href="#">MHSC8019</a> Fundamentals of Clinical Practice
	Year 1 Semester 1 (9 units)	<b>Option Topic*</b>	<b>Option Topic*</b>
	Year 1 Non-Semester 2 (9 units)	<b>Core Topic</b> <a href="#">MHSC8033</a> Clinical Practicum 1 – Applications of Cognitive Behaviour Therapy	
Year 2 (four semesters – part-time)	Year 2 Non-Semester 1 (9 units)	<b>Core Topic</b> <a href="#">MHSC9031</a> Clinical Practicum 2: Extended Applications of Cognitive Behaviour Therapy	
	Year 2 Non-Semester 2 (9 units)	<b>Core Topic</b> <a href="#">MHSC9032</a> Clinical Practicum 3: Advanced Applications of Cognitive Behaviour Therapy	
	Year 2 Semester 1 (9 units)	<b>Core Topic</b> <a href="#">MHSC8034</a> Motivational Interviewing	<b>Option Topic*</b>
	Year 2 Semester 2 (9 units)	<b>Core Topic</b> <a href="#">MHSC9025</a> Understanding and implementing Evidence-based Change	

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### **\*Year 1 Option Topics**

Student must select 9 units from the following list:

[MHSC8031 Clinical Supervision for Health Professionals](#) (Semester 1)

[MHSC8032 Building Resilience with Young People](#) (Semester 1 & 2)

[MHSC8111 Managing Chronic Conditions - Self-Management Support Approaches](#) (Semester 1 & 2)

[MHSC8112 Perspectives on Chronic Diseases Management](#) (Semester 1 & 2)

### **\*Year 2 Option Topics<sup>1</sup>**

Student must select 4.5 units from the following option topics:

[MHSC8031 Clinical Supervision for Health Professionals](#) (Semester 1)

[MHSC8032 Building Resilience with Young People](#) (Semester 1 & 2)

[MHSC8111 Managing Chronic Conditions - Self-Management Support Approaches](#) (Semester 1 & 2)

[MHSC8112 Perspectives on Chronic Diseases Management](#) (Semester 1 & 2)

<sup>1</sup> Students may, in consultation with the Course Coordinator, select alternative option topics for up to 4.5 units of study provided topic prerequisites are met.

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## Master of Cognitive Behaviour Therapy (Pathway 2 – Coursework and Research – full-time)

This **suggested** study plan must be read in conjunction with the course rule for the Master of Cognitive Behaviour Therapy at: <http://www.flinders.edu.au/courses/rules/postgrad/mcibt.cfm>

To qualify for the MCBT, a student must complete 72 units of study involving coursework, clinical practicums and research. The course must be completed in no more than eight consecutive semesters.

### Pathway 2 – Coursework and Research

Year 1 (full-time)	Year 1 Semester 1 (18 units)	Core Topic <a href="#">MHSC8020</a> Theory and Models of Cognitive Behaviour Therapy	Core Topic <a href="#">MHSC8021</a> Cognitive Behaviour Therapy for Psychological Disorders
		Core Topic <a href="#">MHSC8019</a> Fundamentals of Clinical Practice	Core Topic <a href="#">MHSC8018</a> Low Intensity Cognitive Behaviour Therapy for Psychological Disorders
	Year 1 Semester 2 (18 units)	Core Topic <a href="#">MHSC8033</a> Clinical Practicum 1 – Applications of Cognitive Behaviour Therapy	
		Core Topic <a href="#">PHCA9502A</a> Qualitative Research Methods Part A  <b>OR</b> <a href="#">PHCA9511A</a> Social Statistics in Public Health – Part A	Core Topic <a href="#">PHCA9502B</a> Qualitative Research Methods Part B  <b>OR</b> <a href="#">PHCA9511B</a> Social Statistics in Public Health – Part B
Year 2 (full-time)	Year 2 Semester 1 (18 units)	Core Topic <a href="#">MHSC9031</a> Clinical Practicum 2: Extended Applications of Cognitive Behaviour Therapy	
		Core Topic <a href="#">PHCA9512A</a> Public Health Research Dissertation	
	Year 2 Semester 2 (18 units)	Core Topic <a href="#">MHSC9032</a> Clinical Practicum 3: Advanced Applications of Cognitive Behaviour Therapy	
		Core Topic <a href="#">PHCA9512B</a> Public Health Research Dissertation	

This document is accurate as of 21 November 2019.

## Master of Cognitive Behaviour Therapy (Pathway 2 – Coursework and Research – part-time)

This **suggested** study plan must be read in conjunction with the course rule for the Master of Cognitive Behaviour Therapy at: <http://www.flinders.edu.au/courses/rules/postgrad/mcibt.cfm>

To qualify for the MCBT, a student must complete 72 units of study involving coursework, clinical practicums and research. The course must be completed in no more than eight consecutive semesters.

### Pathway 2 – Coursework and Research

Year 1 (four semesters - part-time)	Year 1 Semester 1 (9 units)	<b>Core Topic</b> <a href="#">MHSC8020</a> Theory and Models of Cognitive Behaviour Therapy	<b>Core Topic</b> <a href="#">MHSC8021</a> Cognitive Behaviour Therapy for Psychological Disorders
	Year 1 Non-Semester 2 (9 units)	<b>Core Topic</b> <a href="#">PHCA9502A</a> Qualitative Research Methods – Part A  <b>OR</b> <a href="#">PHCA9511A</a> Social Statistics in Public Health – Part A	<b>Core Topic</b> <a href="#">PHCA9502B</a> Qualitative Research Methods – Part B  <b>OR</b> <a href="#">PHCA9511B</a> Social Statistics in Public Health – Part B
	Year 1 Semester 1 (9 units)	<b>Core Topic</b> <a href="#">MHSC8019</a> Fundamentals of Clinical Practice	<b>Core Topic</b> <a href="#">MHSC8018</a> Low Intensity Cognitive Behaviour Therapy for Psychological Disorders
	Year 1 Non-Semester 2 (9 units)	<b>Core Topic</b> <a href="#">MHSC8033</a> Clinical Practicum 1 – Applications of Cognitive Behaviour Therapy	
Year 2 (four semesters – part-time)	Year 2 Semester 1 (9 units)	<b>Core Topic</b> <a href="#">PHCA9512A</a> Public Health Research Dissertation	
	Year 2 Semester 2 (9 units)	<b>Core Topic</b> <a href="#">PHCA9512B</a> Public Health Research Dissertation	
	Year 2 Non-Semester 1 (9 units)	<b>Core Topic</b> <a href="#">MHSC9031</a> Clinical Practicum 2: Extended Applications of Cognitive Behaviour Therapy	
	Year 2 Non-Semester 2 (9 units)	<b>Core Topic</b> <a href="#">MHSC9032</a> Clinical Practicum 3: Advanced Applications of Cognitive Behaviour Therapy	

This document is accurate as of 21 November 2019.