

Graduate Diploma in Cognitive Behaviour Therapy

This **suggested** study plan must be read in conjunction with the Course Rule for the Graduate Diploma in Cognitive Behaviour Therapy at:

Course Rule: <http://www.flinders.edu.au/courses/rules/postgrad/gdpcbt.cfm>

Students undertake 36 units of study involving coursework and clinical practicums. The program must be completed within four consecutive semesters.

Four Semesters (part-time)	Semester 1 (9 units)	Core Topic MHSC8020 Theory and Models of Cognitive Behaviour Therapy	Core Topic MHSC8021 Cognitive Behaviour Therapy for Psychological Disorders
	Semester 2 (9 units)	Core Topic MHSC8018 Low Intensity Cognitive Behaviour Therapy for Psychological Disorders	Core Topic MHSC8019 Fundamentals of Clinical Practice
	Semester 1 (9 units)	Core Topic MHSC8024 Advanced Theory and Models of Cognitive Behaviour Therapy	Option Topic*
	Semester 2 (9 units)	Core Topic MHSC8033 Clinical Practicum 1 – Applications of Cognitive Behaviour Therapy	

*Option topics

Student must select 4.5 units from the following option topics:

[MHSC8031](#) Clinical Supervision for Health Professionals (Semester 1)

[MHSC8032](#) Building Resilience with Young People (Semester 1 & 2)

[MHSC9026](#) Research Methods in Health^ (Semester 1 & 2)

^Students planning to apply for the Master of Cognitive Behaviour Therapy must select this topic

Or an alternative Flinders University postgraduate topic may be selected with the approval of the Course Coordinator, provided topic prerequisites are met.

This document is accurate as at 15 November 2018