# Bachelor of Sport, Health and Physical Activity

## (Nutrition Studies Option)

### Study Template Key: Prerequisites

<table>
<thead>
<tr>
<th>Compulsory Topics</th>
<th>Option Topics: Nutrition Studies</th>
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The course rule for this award can be found at the following web site: [http://www.flinders.edu.au/courses/rules/undergrad/bshpa.cfm](http://www.flinders.edu.au/courses/rules/undergrad/bshpa.cfm)

### First Year

#### S1
- **HLPE1550** Introduction to Sport and Physical Activity
- **HLPE1551** Sociology of Sport and Physical Activity
- **BUSN1022** Marketing Principles
- **TOUR1101** Introduction to Tourism Studies

#### S2
- **HLPE1531** Inclusive and adaptive practices in Sport and Physical Education
- **COMS1001** Academic and Professional Communication
- **NUTD1106** Nutrition, Physical Activity and Health
- **Choose one of:**
  - **TOUR1102** Interpretive Tour Guiding
  - **TOUR1103** Introduction to Events

### Second Year

#### S1
- **HLPE2300** Foundations of Sport Psychology
- **HLPE2530** Physical Activity and Health

#### S2
- **HLPE2531** Sport and Physical Education
  - **HLPE1531** or **HLPE2530**
- **HLPE2401** Sport Industry Professional Experience Preparation

### Third Year

#### S1
- **HLPE2532** Exercise Physiology for Physical Educators
  - **HLPE1531** or **HLPE2530**
  - **(Non-Semester 1)**
- **HLPE3550** Industry Placement Field Project
  - 54 units

#### S2
- **HLPE3532** Introduction to Education in Outdoor Environments
  - **(Non-Semester 2)**
  - 9 units **HLPE or HLPE1550**
- **HLPE3533** Applied Exercise Science
  - **HLPE3531**
- **HLPE3534** Introduction to Sport Coaching, Management and Administration
  - 36 units

### For enrolment advice please contact Ask Flinders in the first instance.

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