

Bachelor of Sport and Active Recreation
Mid-Year Study Planner:
Applied Sports Science Major



First Level	Semester 2	HLPE1005 Data and Digital Literacy for Sport and Active Recreation	HLPE1554 Introduction to Coaching Pedagogy and Practices	HLPE1556 Health and Wellbeing in Communities	Major HLPE1552 Human Functional Anatomy in Sport and Exercise
	Semester 1	HLPE1004 Inclusion and Diversity in Sport and Active Recreation	HLPE1550 Introduction to Sport and Active Recreation	HLPE1553 NS1 Learning on Country	Major NUTD1106 Nutrition, Physical Activity and Health
Second Level	Semester 2	HLPE2531 Sport and Physical Education 9 units of HLPE topics	HLTH2106 Project Management for Health Promotion 36 units	Major HLPE2405 Performance Analysis and Data Analytics in Sport	Major HLPE2533 Exercise Prescription and Physiology HLPE1552
	Semester 1	HLPE3531 Skill Acquisition and Biomechanics for Physical Educators 9 units of HLPE topics	HLPE2530 Physical Activity and Health HLPE1550	Major HLPE2404 Sports Technology and Innovation	Major HLPE2402 Physiological Testing in Sport HLPE1550 or HLPE1552
Third Level	Semester 2	HLPE3533 Knowledge Translation in Sport and Physical Activity HLPE3531	HLPE3534 Sport Coaching, Management and Administration 63 units	HLPE3550 Industry Field Placement Project	Major HLPE3601 NS2 Sport Coaching Science
	Semester 1	HLPE2300 Foundations of Sport Psychology HLPE1556 or PSYC1102	HLPE3530 Sociology of Sport and Physical Activity HLPE2531	Elective	Major HLPE3415 Injury Prevention and Rehabilitation Practices in Sport HLPE1552 & HLPE2533

Key:

Core Topics
Major
Elective
Prerequisite Topic

Please note:

- This document is provided as a guide only. Students are responsible for ensuring that they have completed their study according to the official [Course Rule](#).
- Topic pre-requisites are noted in **red**, these topics cannot be undertaken without having passed the pre-requisite topic/s, unless course co-ordinator approval is given.
- Topic information for all topics, including pre-requisites can be found on the [Topic Page](#).
- General enrolment assistance is available via [Ask Flinders](#).
- For specific course advice e-mail: CourseAdvice.EPSW@flinders.edu.au.