

# Bachelor of Nutrition and Exercise

## Study Planner



Nursing  
& Health  
Sciences

### Semester 1 Entry

Year One	Semester 1	<b>HLTH1010</b> Research & Study Skills 1  4.5 units	<b>HLTH1101</b> Health Promotion for Health Professionals  4.5 units	<b>BIOL1105</b> Fundamentals of Molecular Biology  4.5 units	<b>BUSN1012</b> Managing in Modern Organisations  4.5 units
	Semester 2	<b>COMS1004</b> Digital and Social Media  4.5 units	<b>NUTD1106</b> Nutrition, Physical Activity and Health  4.5 units	<b>HLTH1304</b> Interpersonal and Interprofessional Communication  4.5 units	<b>HLTH1004</b> Human Bioscience  4.5 units
Year Two	Semester 1	<b>EXSC2004</b> Skill Acquisition in Sport and Exercise  4.5 units	<b>HLPE1552</b> Human Functional Anatomy in Sport and Exercise  4.5 units	<b>HLTH2007</b> Social and Psychological Aspects of Health and Wellbeing  4.5 units	<b>NUTD2105</b> Individual, Social and Environmental Perspectives on Food Consumption  4.5 units
	Semester 2	<b>DSRS2238</b> Disability: Health and Wellbeing  4.5 units	<b>HLPE2403</b> Strength and Conditioning Practices in Sport  4.5 units	<b>NUTD2101</b> Nutrition Across the Lifecycle  4.5 units  <b>Prerequisites</b> <b>NUTD1106</b>	<b>PHCA2513</b> Health Equity  4.5 units
Year Three	Semester 1	<b>DSRS3222</b> Introduction to Counselling Skills  4.5 units	<b>HLPE2530</b> Physical Activity and Health  4.5 units	<b>HLTH3111</b> Technology in Healthcare  4.5 units	<b>NUTD3020</b> Nutrition for Health and Wellness  4.5 units
	Semester 2	<b>HLPE4002</b> Setting for Health and Wellbeing  4.5 units  <b>Prerequisites</b> <b>9.0 units of HLTH topics</b>	<b>HLTH3106</b> Health Work Internship  4.5 units	<b>NUTD3203</b> Nutrition for Sports Performance  4.5 units  <b>Prerequisites</b> <b>NUTD1106</b> <b>HLPE2403</b>	<b>NUTD3019</b> Nutrition Health Promotion  4.5 units

**Option topics** are available from a select list of topics as per the course rule

**Elective Topics** can be selected from the relevant year level across the University where entry requirements are met

Please note:

- This document is provided as a guide only. It is the students responsibility to review and assess any changes to the course rule, topic prerequisites and semester availability, this information is available [online](#).

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## Mid-Year Entry

Year One	Semester 2	<b>COMS1004</b> Digital and Social Media  4.5 units	<b>NUTD1106</b> Nutrition, Physical Activity and Health  4.5 units	<b>HLTH1010</b> Research & Study Skills 1  4.5 units	<b>HLTH1304</b> Interpersonal and Interprofessional Communication  4.5 units
	Semester 1	<b>HLTH1004</b> Human Bioscience  4.5 units	<b>HLTH1101</b> Health Promotion for Health Professionals  4.5 units	<b>BIOL1105</b> Fundamentals of Molecular Biology  4.5 units	<b>BUSN1012</b> Managing in Modern Organisations  4.5 units
Year Two	Semester 2	<b>DSRS2238</b> Disability: Health and Wellbeing  4.5 units	<b>HLPE2403</b> Strength and Conditioning Practices in Sport  4.5 units	<b>NUTD2101</b> Nutrition Across the Lifecycle  4.5 units  <b>Prerequisites</b> <b>NUTD1106</b>	<b>PHCA2513</b> Health Equity  4.5 units
	Semester 1	<b>EXSC2004</b> Skill Acquisition in Sport and Exercise  4.5 units	<b>HLPE1552</b> Human Functional Anatomy in Sport and Exercise  4.5 units	<b>HLTH2007</b> Social and Psychological Aspects of Health and Wellbeing  <b>4.5 units</b>	<b>NUTD2105</b> Individual, Social and Environmental Perspectives on Food Consumption  4.5 units
Year Three	Semester 2	<b>HLPE4002</b> Setting for Health and Wellbeing  4.5 units  <b>Prerequisites</b> <b>9.0 units of HLTH topics</b>	<b>HLTH3106</b> Health Work Internship  4.5 units	<b>NUTD3203</b> Nutrition for Sports Performance  4.5 units  <b>Prerequisites</b> <b>NUTD1106</b> <b>HLPE2403</b>	<b>NUTD3019</b> Nutrition Health Promotion  4.5 units
	Semester 1	<b>DSRS3222</b> Introduction to Counselling Skills  4.5 units	<b>HLPE2530</b> Physical Activity and Health  4.5 units	<b>HLTH3111</b> Technology in Healthcare  4.5 units	<b>NUTD3020</b> Nutrition for Health and Wellness  4.5 units

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