Bachelor of Nutrition and Exercise Study Planner



Semester 1 Entry

		HLTH1010	HLTH1101	BIOL1105	BUSN1012
Year One	Semester 1	Research & Study Skills 1	Health Promotion for Health Professionals	Fundamentals of Molecular Biology	Managing in Modern Organisations
		4.5 units	4.5 units	4.5 units	4.5 units
	Semester 2	COMS1004 Digital and Social Media	NUTD1106 Nutrition, Physical Activity and Health	HLTH1304 Interpersonal and Interprofessional Communication	HLTH1004 Human Bioscience
		4.5 units	4.5 units	4.5 units	4.5 units
Year Two	Semester 1	EXSC2004 Skill Acquisition in Sport and Exercise	HLPE1552 Human Functional Anatomy in Sport and Exercise	HLTH2007 Social and Psychological Aspects of Health and Wellbeing	NUTD2105 Individual, Social and Environmental Perspectives on Food Consumption
		4.5 units DSRS2238	4.5 units HLPE2403	4.5 units NUTD2101	4.5 units PHCA2513
	Semester 2	Disability: Health and Wellbeing 4.5 units	Strength and Conditioning Practices in Sport 4.5 units	Nutrition Across the Lifecycle Prerequisites NUTD1106 4.5 units	Health Equity 4.5 units
		DSRS3222	4.5 units HLPE2530	4.5 dints	NUTD3020
Year Three	Semester 1	Introduction to Counselling Skills	Physical Activity and Health	Technology in Healthcare	Nutrition for Health and Wellness
		4.5 units	4.5 units	4.5 units	4.5 units
	Semester 2	HLPE4002 Setting for Health and Wellbeing Prerequisites 9.0 units of HLTH topics	HLTH3106 Health Work Internship	NUTD3203 Nutrition for Sports Performance Prerequisites NUTD1106 HLPE2403	NUTD3019 Nutrition Health Promotion
		4.5 units	4.5 units	4.5 units	4.5 units

Option topics are available from a select list of topics as per the course rule

Elective Topics can be selected from the relevant year level across the University where entry requirements are met

Please note:

• This document is provided as a guide only. It is the students responsibility to review and assess any changes to the course rule, topic prerequisites and semester availability, this information is available online.

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Mid-Year Entry

		COMS1004 Digital and Social Media	NUTD1106 Nutrition, Physical Activity	HLTH1010 Research & Study Skills 1	HLTH1304 Interpersonal and
a)	2	Digital and Social Media	and Health	Research & Study Skills 1	Interpersonal
Year One	ter		and ricaltii		Communication
ear (Semester				
×	Sei				
		4.5 units	4.5 units	4.5 units	4.5 units
		HLTH1004	HLTH1101	BIOL1105	BUSN1012
		Human Bioscience	Health Promotion for	Fundamentals of	Managing in Modern
	r 1		Health Professionals	Molecular Biology	Organisations
	Semester 1				
	eme				
	Se				
Year Two		4.5 units	4.5 units	4.5 units	4.5 units
ar		DSRS2238	HLPE2403	NUTD2101	PHCA2513
Ye		Disability: Health and	Strength and Conditioning	Nutrition Across the	Health Equity
	ır 2	Wellbeing	Practices in Sport	Lifecycle	
	Semester 2				
	em			Prerequisites NUTD1106	
	S			NOIDIIO	
		4.5 units	4.5 units	4.5 units	4.5 units
		EXSC2004	HLPE1552	HLTH2007	NUTD2105
		Skill Acquisition in Sport	Human Functional	Social and Psychological	Individual, Social and
	er (and Exercise	Anatomy in Sport and Exercise	Aspects of Health and Wellbeing	Environmental Perspectives on Food
	Semester 1		Exercise	weilbeilig	Consumption
	Sen				Consumption
ē.					
Year Three		4.5 units	4.5 units	4.5 units	4.5 units
ar 1		HLPE4002 Setting for Health and	HLTH3106	NUTD3203 Nutrition for Sports	NUTD3019 Nutrition Health
Ye		Wellbeing	Health Work Internship	Performance	Promotion
	er 2				
	Semester	Prerequisites		Prerequisites	
	Serr	9.0 units of HLTH topics		NUTD1106	
				HLPE2403	
		4.5 units	4.5 units	4.5 units	4.5 units
		DSRS3222	HLPE2530	HLTH3111	NUTD3020
		Introduction to	Physical Activity and	Technology in Healthcare	Nutrition for Health and
our	er 1	Counselling Skills	Health		Wellness
Year Four	Semester 1				
Yea	Sem				
		4.5 units	4.5 units	4.5 units	4.5 units

Option topics are available from a select list of topics as per the course rule

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