

# Bachelor of Exercise Science

## Study Planner



Nursing  
& Health  
Sciences

Year One	Semester 1	<b>BIOL1102</b> Molecular Basis of Life  4.5 units	<b>EXSC1001</b> Fundamentals of Exercise Science  4.5 units	<b>HLPE1552</b> Human Functional Anatomy in Sport and Exercise  4.5 units	<b>HLTH1010</b> Research & Study Skills 1  4.5 units
	Semester 2	<b>HLPE2533</b> Exercise Prescription and Physiology  4.5 units	<b>HLTH1004</b> Human Bioscience  4.5 units	<b>NUTD1106</b> Nutrition Physical Activity and Health  4.5 units	<b>OPTION TOPIC</b>  4.5 units
Year Two	Semester 1	<b>EXSC2002</b> Exercise Prescription in Motor Control and Learning  Prerequisites HLTH1004 EXSC1001  4.5 units	<b>HLPE2530</b> Physical Activity and Health  4.5 units	<b>HLTH2107</b> Research & Study Skills 2  Prerequisites HLTH1010  4.5 units	<b>MMED2931</b> Human Physiology  Prerequisites HLTH1004  4.5 units
	Semester 2	<b>ENGR2862</b> Sport Biomechanics  Prerequisites EXSC1001  4.5 units	<b>EXSC2003</b> Exercise Physiology  Prerequisites EXSC1001 HLTH1004 HLPE2533  4.5 units	<b>HLTH2105</b> Health: A Psychological Perspective  4.5 units	<b>NUTD3203</b> Nutrition for Sports Performance  Prerequisites NUTD1106 MMED2931  4.5 units
Year Three	Semester 1	<b>EXSC3001</b> Advanced Topics in Exercise Science  Prerequisites EXSC2002 EXSC2003 MMED2931  4.5 units	<b>EXSC3002</b> Professional Practice in Exercise Science  Prerequisites EXSC1001 EXSC2003 Pre/Corequisite EXSC3001  4.5 units	<b>HLTH3112</b> Research & Study Skills 3  Prerequisites HLTH2107  4.5 units	<b>MMED3932</b> Body Systems  Prerequisites MMED2931  4.5 units
	Semester 2	<b>EXSC3010</b> Psychology of Exercise, Health and Behaviour Change  Prerequisites HLTH2105  4.5 units	<b>HLTH3116</b> Legal and Ethical Aspects of Health Care  4.5 units	<b>OPTION TOPIC</b>  4.5 units	<b>OPTION TOPIC</b>  4.5 units

**Option topics** are available from a select list of topics as per the course rule

Please note:

- This document is provided as a guide only. Students are responsible for ensuring that they have completed the required number of units of study according to the official course rule available [online](#)
- Topic information can be found on the [Topic Page](#)
- For enrolment advice please submit an [Ask Flinders](#) request.