

Bachelor of Exercise and Sport Science

Study Planner



Nursing
& Health
Sciences

Year One	Semester 1	BIOL1102 Molecular Basis of Life 4.5 units	EXSC1001 Fundamentals of Exercise Science 4.5 units	HLPE1552 Human Functional Anatomy in Sport and Exercise 4.5 units	HLTH1010 Research & Study Skills 1 4.5 units
	Semester 2	HLPE2533 Exercise Prescription and Physiology Prerequisites HLPE1552 4.5 units	HLTH1004 Human Bioscience 4.5 units	NUTD1106 Nutrition Physical Activity and Health 4.5 units	OPTION TOPIC 4.5 units
Year Two	Semester 1	EXSC2002 Motor Learning and Control Prerequisites HLTH1004, EXSC1001 4.5 units	HLPE2530 Physical Activity and Health 4.5 units	HLTH2107 Research & Study Skills 2 Prerequisites HLTH1010 4.5 units	MMED2931 Human Physiology Prerequisites HLTH1004 4.5 units
	Semester 2	ENGR2862 Sport Biomechanics Prerequisites EXSC1001 4.5 units	EXSC2003 Exercise Physiology Prerequisites EXSC1001, HLTH1004, HLPE2533 4.5 units	HLTH2105 Health: A Psychological Perspective 4.5 units	NUTD3203 Nutrition for Sports Performance Prerequisites NUTD1106, MMED2931 4.5 units
Year Three	Semester 1	EXSC3001 Advanced Topics in Exercise Science Prerequisites EXSC2002, EXSC2003, MMED2931 4.5 units	EXSC3002 Professional Practice in Exercise Science Prerequisites EXSC1001, EXSC2003 Pre/Corequisite EXSC3001 4.5 units	HLTH3112 Research & Study Skills 3 Prerequisites HLTH2107 4.5 units	MMED3932 Body Systems Prerequisites MMED2931 4.5 units
	Semester 2	EXSC3010 Psychology of Exercise, Health and Behaviour Change Prerequisites HLTH2105 4.5 units	HLTH3116 Legal and Ethical Aspects of Health Care 4.5 units	OPTION TOPIC See notes 4.5 units	OPTION TOPIC See notes 4.5 units

Option topics are available from a select list of topics as per the course rule. Students intending to apply for **Master of Physiotherapy**, Choose MMED3941 and REHB2001

Please note:

- This document is provided as a guide only. It is the student's responsibility to review and assess any changes to the course rule, topic prerequisites and semester availability; this information is available [online](#)
- Topic information can be found on the [Topic Page](#)
- For enrolment advice please submit an [Ask Flinders](#) request.