

Safe Use of Personal Protective Equipment (PPE)



Putting on PPE

For maximum personal and patient protection it is essential that PPE is put on in the following sequence:

- Hand washing or alcohol rub



- Gown



- P2 or N95 respirator mask



- Fit check



- Protective eyewear, re-fit check mask



- Gloves, pull over cuffs of the gown



- STOP. Check everything is in place



Removing PPE

To reduce the risk of self contamination PPE should be carefully removed in the following sequence:

- Gloves



- Hand hygiene



- Protective eyewear



- Gown



- Hand hygiene



- Mask



- Hand washing or alcohol rub

