How do complex systems change?

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A critical realist study of the influence of psychological empowerment on practitioners' engagement with systemic innovations in the child protection system





Despite a range of reforms in the last two decades, the rate of children receiving child protection services continues to rise. In 2018-2019 170,000 children required child protection intervention across Australia. Although a range of evidence-based practice and policies (EBPPs) have demonstrated success in reducing maltreatment, the integration of these practices into state systems remains a global challenge.



Practitioners and clients

Individual investment Professional judgement Analysing the fit of the innovation Competency and self-efficacy Leaders' buy-in to change Complex clients Relationship with clients

Structural components

Numerous policies and procedures Adaptations made to innovations Lack of underlying infrastructure Limited resources Inefficient innovations Structured way of working Multiple stakeholders

Implementation process

Training De-implementation of old practices Lack of follow through Persistent progress Clarity and consistency of communication

What we already know

There are numerous factors that have been found to influence the use of EBPPs in child protection systems. These factors are broadly categorized into: the structures within system, the cultural way of working in child protection, the individuals practicing and receiving services, and the process used to introduce the EBPP to the system. These factors all contribute to how EBPPs move through systems. Each component offers an entry for study and intervention.



Culture

Crisis driven High staff turnover Level of support Politically driven Hierarchical and authoritarian High workload



What we are seeking to understand

This study explores how individual practitioners choose to engage with an EBPP and have it influence their practice. A range of responses have been theorised, including where a practitioner disengages from the EBPP, reinvents the EBPP to fit with their previous style of working, follows the instructions of the EBPP exactly, or learns and grows to fully embrace the principles behind the EBPP. Alongside analysing these factors independently, the study will also explore psychological attributes and their influence on the choice of engagement style with EBPPs





